

Date: Fri, July 13, 2012 9:22 am
To: Lori <lori@loriwhaley.com>

AWOB MEETING RECAP — 6-13-12



Thank You to Lori Whaley

COURAGE

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WOW! Leave it to can-do women to make it happen when things aren't going according to Hoyle. For those who don't know what happened, I'm referring to our June AWOB meeting. At the 11th hour we learned our speaker's vehicle broke down on his way to our meeting. Lori Whaley, one of our very own fabulous members, was asked if she would be willing to stand in for our speaker. The professional she is, Lori immediately said yes because she had a topic she believed would benefit all; Courage and the Samurai Warrior.

Lori provided us with the list of virtues the Samurai Warrior lives by: honor, courage, rectitude, loyalty, honesty, self control and compassion. She then gave examples of the practice of these virtues in the workplace as well as your personal life.

Lori's conclusion was that when organizations conduct themselves according to the Samurai Way, they seek to prevent negativity of every type. Should negativity occur, they find ways to transform it into harmony. Samurai practitioners take full responsibility for their actions, exhibit self mastery, and are patient and diligent in their practice. They believe the highest good comes from serving others.

Lori wrapped up her talk by asking individuals to share acts of courage they have performed or encountered. Many of our members shared deep, heartwarming, personal,

and courageous acts. It was amazing to hear the wide variety of obstacles each one of these ladies had faced and how they handled it with grace, dignity and courage. It was a memorable AWOB experience. When the meeting ended a new member approached Pat Schmidt, one of our board members, and thanked her. She said because of today she knows what she has to do with her business. Today's experience gave her the "courage" to take some necessary steps in her business.

Lori Whaley is an extraordinary woman and delivered an exceptional program. Lori exemplified the virtues of the Samurai Warrior in her presentation that day.

Pam Peterson Smith
AWOB Board Member
Programs Co-Chair

